

SOUPS

- BLUE WAVE CLAM CHOWDER**
The authentic New England style, the real taste of Boston. 5
- CHICKEN AND RICE**
Everyone's favorite soup, made from scratch. 5
- MINESTRONE**
Tomato based soup, rich in Italian vegetables. 5

SALADS

Dressings: Italian, Balsamic Vinaigrette, Greek, Ranch, Low Calorie Italian, Raspberry Vinaigrette, Caesar, Creamy Italian, Blue Cheese, Olive Oil, and Vinegar.

- GARDEN SALAD**
Iceberg lettuce, tomatoes, cucumbers, carrots, and purple cabbage, with Italian dressing. 7
- CAESAR SALAD**
Romaine lettuce tossed with herbed croutons, Romano cheese, and creamy Caesar dressing. 8
- HOUSE SALAD**
Mixed fresh greens, red onions, Blue cheese crumbles, dried cranberries and spanish style toasted almonds with raspberry vinaigrette dressing. 8
- ZAMPANELLA SALAD**
Wedge tomatoes, cucumber, celery, fresh basil, red onion, tossed with extra virgin olive oil, and a dash of balsamic vinegar. 8
- STEAK TIP SALAD**
Seasoned steak tips, cooked perfectly atop spring greens, tossed with balsamic vinaigrette dressing, red onions and blue cheese crumbles. 10

- CALAMARI SALAD**
Crispy fried Calamari mixed with spring greens, feta cheese and balsamic dressing. 9

- GREEK SALAD**
Crisp romaine lettuce, topped with: red cabbage, carrots, cucumbers, tomatoes, pepperoncini, black olives, feta cheese and greek dressing. 8

- MEDITERRANEAN SALAD**
Fresh spring mix topped with feta cheese black olives, thin slices of prosciutto and provolone cheese with raspberry vinaigrette dressing. 8

on any salad add

- STEAK 4 SHRIMP 4 CHICKEN 3**
SALMON 7 CHICKEN SALAD 3
SHRIMP SALAD 4 TUNA SALAD 3

CLUBS

Served triple decker style on three slices of white or wheat bread. Served with fries or onion rings.

- CHICKEN SALAD CLUB** Homemade all white meat chicken salad, lettuce, tomato, bacon and mayonnaise. 9
- TUNA SALAD CLUB** All white tuna fish salad, lettuce, tomato, bacon and mayonnaise. 9
- SMOKED TURKEY BREAST CLUB** Smoked turkey breast, lettuce, tomato, cheese, bacon and mayonnaise. 9
- ROAST BEEF CLUB** Roasted roast beef, American cheese, lettuce, tomato and mayonnaise. 9

BURGERS

Served with lettuce, tomatoes, onions and pickles in a deluxe bun with any side.

- VEGGIE BURGER** All veggie burger, topped with mushrooms. 9
- CLASSIC CHEESEBURGER** Moist sirloin topped with melted American Cheese. 9
- MUSHROOM SWISS BURGER** Melted Swiss cheese with fresh sautéed mushrooms. 10
- WAVE IT WORKS** Carmelized onions, sautéed mushrooms, bacon and American cheese. 10
- BACON CHEESEBURGER** Your choice of cheese: Cheddar, American, Swiss or Provolone and bacon. 10
- BLACK AND BLUE BURGER** Cajun spices, blue cheese crumbles, white wine and carmelized onions. 10

APPETIZERS

- THE ULTIMATE CHEESE FRIES**
French fries topped with authentic cheddar cheese, crumbled bacon, scallions, served with a side of kicked up ranch dressing. 7
- CHICKEN TENDER**
Chicken tenders coated in a course southern style breading, deep fried and served plain or tossed in your favorite sauce: buffalo, BBQ, teriyaki or sweet 'n sour. 8

- BREADED MOZZARELLA**
Our original home breaded mozzarella sticks with tomato sauce for dipping. 8

- CRISPY CALAMARI**
Lightly buttermilk battered tossed in garlic lemon butter hot sauce and served with a side marinara sauce. 9

- TEXAS SLIDERS**
Bite-sized burgers on mini-buns served with cheese, carmelized onions and pickles. 12

- CHICKEN WINGS**
Chicken wings tossed in your favorite sauce: buffalo, teriyaki, BBQ, or sweet 'n sour. 9

- HOT SPINACH, ARTICHOKE AND CHEESE DIP**
Spinach, artichoke hearts, shallots, garlic and a mixture of cheeses served bubbly hot with crispy fried tortillas. 9

- BRUSCHETTA**
Freshly baked bread wedges topped with fresh chopped tomato, red onion, garlic, basil and olive oil. 8

- QUESADILLA**
Grilled soft flour tortilla filled with authentic Monterrey Jack cheese, served with sour cream and salsa.

VEGETABLE 8 CHICKEN 9 BEEF 9

- MINI CRAB CAKES**
Made with fresh Louisiana crab, served over fresh mixed greens and mustard aioli. 10

- NACHOS**
Corn tortillas, topped with cheddar cheese, jalapeños, black beans, black olives and salsa, served with sour cream. 7
add **GRILLED CHICKEN 2**
add **SPICY GROUND BEEF 3**

- GRILLED SHRIMP**
Served with our Mango Salsa sauce. 10

- LOADED POTATO SKINS**
Loaded with cheddar cheese, crispy bacon, green onions, served with sour cream and green onions. 9

PIZZAS

Choose from any of our available toppings for your large or small pizza.

- SICILIAN STYLE PERSONAL PIZZA** 7 **Toppings 1 ea.**
SMALL 12" (serves 2) 9 **Toppings 2 ea.**
LARGE 16" (serves 3-4) 12 **Toppings 3 ea.**

Anchovies, Artichoke Hearts, Bacon, Black Olives, Broccoli, Eggplant, Garlic, Feta Cheese, Jalapeño Peppers, Green Peppers, Fire Roasted Peppers, Mushroom, Prosciutto, Pepperoni, Pesto Sauce, Pineapple, Onion, Ricotta Cheese, Salami, Sausage, Spinach, Fresh Tomatoes, Meatball, Sun Dried Tomatoes, Ham, Extra Cheese, Extra Sauce, BBQ Chicken, Buffalo Chicken, Grilled Chicken

SIDES

- CAESAR SALAD** 3
GARDEN SALAD 3
HOUSE SALAD 3
CLAM CHOWDER 3
MINESTRONE SOUP 3
CHICKEN AND RICE SOUP 3
SWEET POTATO FRIES 4
FRENCH FRIES 3
ONION RINGS 4
GARLIC BREAD 3
STEAMED BROCCOLI 3
SAUTEED MIXED VEGETABLES 3

For your holiday party, after work event, fundraiser or birthday party, the Blue Wave can accommodate parties of 10-200 people.

ENTREES

All entrees served with a choice of side salad.

PRIMAVERA A medley of fresh cut vegetables tossed in marinara sauce, served over linguini.	12
BASTA LA PASTA Sautéed chicken tossed in a delicious pesto sauce served over linguini.	12
PASTA SIENNA Tortellini sauteed with mushrooms, fresh tomatoes, fresh basil, fresh garlic and prosciutto in a light cream sauce.	11 add Chicken 3
PRIMAVERA MARSALA Artichoke hearts, mushrooms, sun dried tomatoes, and broccoli in a Marsala wine sauce, tossed with penne.	12 add Chicken 3
SHRIMP AND CHICKEN Sautéed shrimp and chicken mixed with broccoli in an Alfredo sauce with a touch of pesto sauce served over penne pasta.	16
CHICKEN JALAPENO Sautéed chicken mixed with roasted red peppers, spicy jalapeños served over penne pasta in a cheddar cheese-Alfredo sauce.	13
CHICKEN CACCIATORE Fire roasted red peppers, onions and mushrooms in our homemade marinara sauce, served over linguini.	12
CHICKEN AND BROCCOLI Fresh broccoli, tossed with penne pasta in your choice of Alfredo sauce or white wine sauce.	12
PENNE VODKA & SAUSAGE Pink sauce – a blend of onions, butter, vodka, sausage, cream and a dash of Tabasco.	12
OVEN BAKED TORTELLINI Tortellini mixed with meat sauce and marinara sauce topped with mozzarella cheese, baked until golden brown.	10
LOBSTER RAVIOLI Lobster raviolis served in a cream sauce and mixed fresh vegetables.	16
STEAK ALFREDO Grilled steak, fire roasted red peppers, and tortellini pasta tossed with Alfredo sauce.	16
CHICKEN FRANCESE Lightly dipped in egg batter, topped with lemon and served over linguini in a white wine lemon butter sauce.	13
CHICKEN PARMESAN Home-style breaded chicken breast, topped with mozzarella cheese, in our marinara sauce, over penne pasta.	12
EGGPLANT PARMESAN Fresh home-style breaded eggplant, with marinara sauce, mozzarella cheese and baked until golden brown, served over penne pasta.	11
GRILLED SALMON Served with sauteed fresh vegetables.	16
STEAK TIPS Cooked to perfection, tossed with mushrooms, onions and peppers with your choice of sauce: BBQ, Teriyaki or marinated.	16

SANDWICHES AND WRAPS

*All sandwiches and wraps come with a choice of one side.

BBQ PULLED PORK This dish is excellently seasoned and served on a bun with your choice of any side and spicy southern BBQ sauce for dipping.	9	SIENNA'S Prosciutto, fresh mozzarella, sliced tomatoes, fresh basil and extra virgin olive oil on French bread.	9
CRAB CAKE SANDWICH WRAP Crabcakes, encased in a flour tortilla with lettuce, tomatoes and a sweet and spicy sauce.	10	GRILLED VEGGIE WRAP Grilled fresh zucchini, roasted peppers, mushrooms, and carrots, wrapped in a soft flour tortilla.	8
FRENCH DIP Thinly sliced rare roast beef with sautéed onions and mushrooms, topped with swiss cheese and served on a French bread with au jus.	10	CHICKEN CORDON BLEU All white meat chicken with sautéed imported ham, bleu cheese dressing and swiss cheese on French bread.	9
CHICKEN CAESAR Grilled chicken, fresh romaine lettuce, creamy Caesar dressing and romano cheese wrapped in a soft flour tortilla.	9	MEATBALL PARMESAN Our homemade meatballs smothered with mozzarella, and homemade tomato sauce on French bread.	9
CHICKEN PARMESAN Home breaded chicken breast with mozzarella cheese and tomato sauce, oven baked on our French bread.	9	GRILLED CHICKEN Grilled chicken breast with mayonnaise, lettuce, tomatoes and onions on French bread.	9
CHICKEN TERIYAKI All white meat chicken, American cheese, mushrooms, peppers, sautéed onions in teriyaki sauce on French bread.	9	CHICKEN CUTLET Breaded chicken breast, with American cheese, and honey mustard, served with lettuce, tomatoes and onions, on French bread.	9
EGGPLANT PARMESAN Batter dipped eggplant slices with roasted Italian style peppers, melted provolone cheese, marinara sauce and fresh herbs baked on our French bread.	9	STEAK AND CHEESE BOMB Shaved steak with sizzling mushrooms, caramelized onions and a special cheese blend served inside French bread with a side of Au jus.	10
CAJUN CHICKEN SANDWICH Cajun style blackened chicken breast sandwich, served with lettuce, tomatoes and blue cheese dressing on French bread.	9	TUNA MELT Tuna wrapped in a a flour tortilla with tomatoes, American cheese and baked to perfection.	9
CHICKEN FLORENTINE All white meat chicken with bacon, fresh sautéed spinach and sweet honey mustard and our 4-cheese blend served on French bread.	10	CHICKEN FRESCO Baked chicken breast with pesto, sliced fresh tomato and melted provolone cheese on French bread.	9
CHICKEN PESTO Marinated then grilled chicken breast, topped with pesto sauce, sliced tomatoes, whole leaf romaine lettuce and fresh mozzarella on French bread.	9	OPEN FACE GRILLED CHEESE Toasted Italian bread topped with warm marinara and melted mozzarella cheese.	9

DESSERTS

CHOCOLATE CAKE Rich chocolate cake that should satisfy your chocolate craving.	5
CHEESECAKE A slice of New York style cheesecake.	5
FRIED DOUGH Golden fried dough topped with a choice of honey, powdered sugar, or cinnamon and sugar, or create your own combo.	5

18% Gratuities will be added for a party of six or more.

Cooked to Order: Consuming raw or undercooked shellfish, seafood, poultry, eggs, or meat may increase the risk of food-borne illness